

Immunizations for pregnant women

Fully immunized pregnant moms protect themselves and their newborns from vaccine preventable diseases.

Use the following table when considering vaccines during pregnancy:

Safe vaccines to receive during pregnancy:

Tetanus and diphtheria (Td)
Tdap (tetanus, diphtheria, pertussis)
>20 weeks gestation
Flu shot (inactivated)

Consult your doctor before receiving:

Hepatitis A
Hepatitis B
Meningococcal
Pneumococcal

Do not receive during your pregnancy:

MMR (measles, mumps and rubella)
Varicella (chickenpox)
Flu nasal spray

Recommended after delivery:

Tdap (tetanus, diphtheria, pertussis)
if not received before delivery
MMR
Varicella
HPV (through age 26 years)

To protect your child from pertussis (whooping cough) make sure all household members and caregivers are vaccinated against pertussis before taking your baby home. Infants under 6 months are most likely to die from this disease.

Can children in my household get vaccinated while I am pregnant?

During your pregnancy, it is safe for children to receive all of their routinely recommended vaccines.

Does breastfeeding interfere with vaccinations?

No, while breastfeeding you may take any recommended vaccine without danger to your baby. Both breast milk and your baby's vaccines will support your infant's immune system.

Where can I get immunizations?

You can get immunizations from your medical provider, your county health department or your pharmacist.

For more information

Oregon211info

211info.org

Call 211 or 1-800-723-3638

Centers for Disease Control and Prevention

www.cdc.gov/vaccines

1-800-CDC-INFO (1-800-232-4636)