

## PSY 201Z: Introduction to Psychology I

For more detailed information, see CCN Reports & Memos on the [Resources for CCN](#) webpage.

### CCN Course/Course Information

#### Psychology

**Course Title:** Introduction to Psychology I

**Course Credits:** 4

**Course Description:**

Introduction to the science and application of psychology. Emphasis will be placed on psychological concepts, theories, and principles related to: Research Methods, Behavioral Neuroscience, Consciousness, Sensation/Perception, Learning, Memory, Thinking and Intelligence, and related topics.

**Learning Outcomes:**

1. Identify psychological, biological, and other factors that influence behavior and mental processes.
2. Apply key theories and concepts in psychology.
3. Evaluate claims about psychological phenomena and human behavior through the use of empirical evidence and knowledge of the scientific method.
4. Demonstrate knowledge about the ways psychological science and practices are contextualized by ethical standards and sociocultural factors.

**Review Cycle:** This Subcommittee recommends the following schedule for the reflection, maintenance, and enhancement of the recommendations made in this report:

1. **A CCN Psychology Subcommittee Check-in Winter 2026** to gather any needed data on faculty and student experiences, to make requests for institutional and statewide data, to discuss challenges, and/or to raise concerns in a review of the transfer effectiveness of the CCN PSY 201Z and PSY 202Z courses. This check-in will continue the statewide and collaborative nature of this work in order to facilitate inclusive and equitable conversations and identify potential issues that may indicate potential modifications of the Psychology CCN recommendations or framework.
2. **Triennial CCN Psychology Subcommittee Workshops beginning in Winter 2028** with the purpose of analyzing data, and if warranted, drafting and approving modifications to the CCN Psychology Recommendations to improve the effectiveness, inclusiveness, equity, and implementation of the recommendations and framework.